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| Baptism | The sacrament that frees us from Original Sin and gives us new life |
| Eucharist | The sacrament where we receive the Body and Blood of Christ |
| Mass | Where we listen to God's Word and receive Holy Communion |
| Confirmation | The sacrament that completes the grace we received in Baptism |
| Holy Communion | The consecrated bread and wine that we receive at Mass |
| Trinity | God the Father, God the Son, and God the Holy Spirit |