

Nicene Creed	We profess the Nicene Creed at Mass. It contains the main truths of the Catholic faith
Apostolic	The Church is apostolic, meaning that Jesus continues to lead the Church through the pope and the bishops.
Catholic	The Church is catholic, or open to all.
Holy	The Church is holy because Jesus, the Church's founder, is holy.
One	The Church is one because it has been made one body in Jesus.